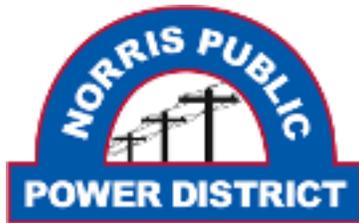


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April 18, 2018

LINEMAN APPRECIATION DAY



Our team makes a  
**POWERFUL** Difference!

Nebraska is the only state in the nation where every electric utility is a public power partner. Public power means all Nebraska homes and businesses run on electricity provided by a not-for-profit business serving local customers. In doing so, consumers served by power districts have more control over their local utility, so all benefits produced by public power - including affordable, reliable and sustainable energy, better service and a focus on local goals stay locally.

This commitment extends past the electric meter and into homes and businesses by providing assistance in making the most efficient use of the primary product public power provides - electricity.

**Consider implementing a few of the ideas below, and you will be rewarded with savings!**



- Install and use ceiling fans. During air-conditioning season, you should be able to adjust your thermostat up four degrees and experience the same comfort as you would have with only running the air conditioner.
- Keep the thermostat away from heat sources, including the sun, candles, lamps and appliances. Temperature misreading by the thermostat can cause your air conditioner to work longer than necessary.
- Keep drapes and blinds closed during the day in the summer to reduce the amount of solar heat gain. Consider installing solar screens, insulating drapes and planting trees outside of sun-facing windows for more protection against the sun's rays.
- Check the air conditioner filter and change it, if necessary. Filters should be changed every 30-90 days. We recommend using HEPA (high efficiency particulate air) filters, setting calendar reminders and writing the date on the filter when you replace it.
- Schedule annual air conditioning maintenance tune-up to help reduce repairs and keep your system operating at peak efficiency. What you spend on the tune-up you'll make back on your energy bill. If your unit is older than 15 years and often breaks down, consider replacement.
- Do not run your air conditioning while you are away from home. Either schedule the times you are gone with a programmable thermostat or remember to turn it off before you leave the house. With a programmable thermostat, you can set the desired temperature 30 minutes before you arrive so the desired temperature is reached by the time you get back.



Planting season is a physically and mentally draining time for farmers, and in the rush to get the seed in the ground, focus on safety can fade to the background. Overhead power lines present a life-threatening risk for those working with large machinery. It is important to exercise caution and respect the power of electricity. Norris Public Power District encourages farmers to sow seeds of safety this season and take recommended safety precautions.

Before beginning work in a field, take time to note the location of power lines and equipment. Before getting out of the cab, look up and double check the area around your machinery to make sure it is not in contact with overhead lines. Always be aware of how close tractors, loaders, antennas, extended arms and other equipment are to electrical lines. Remember to lower extensions to the lowest setting when moving loads.

Even if using an auto-guidance system, stay focused on the location of the tractor and its equipment while in the field, and be ready to take action yourself if necessary. Do not simply rely on the estimations of a GPS system, but also consider using a spotter to alert you if you come close to making contact. A spotter can see sagging wires that would not be visible on a GPS and provide additional verification that you can pass safely.

Your machinery does not have to touch electrical lines for electrocution to occur, so keep at least 10 feet of space between machinery and overhead lines. Assume that all lines are energized, and if you come across a downed pole or wire, never attempt to move it yourself.

If your equipment does make contact with a power line, do not leave the cab. Immediately call 911 to have Norris Public Power District notified. Warn others to stay away, and wait for the utility crew to disconnect the power. Never try to disentangle equipment on your own.

The only reason to exit equipment that has come into contact with overhead lines is if the equipment is on fire, which is very rare. However, if this is the case, jump off the equipment with your feet together and without touching the ground and vehicle at the same time. Then, still keeping your feet together, hop to safety as you leave the area.



### Caramel Apple Cream Cheese Crescent Ring

#### Ingredients:

- 2 cans crescent rolls
- 8 oz. softened cream cheese
- 21 oz. apple pie filling
- ¼ cup caramel sauce
- ½ cup sugar
- 1 tsp. vanilla
- 1 cup powdered sugar
- 1 tbsp. milk

#### Instructions:

- Preheat oven to 350 degrees.
- Beat cream cheese with sugar and vanilla until fluffy.
- Unroll crescent dough and separate.
- On a pizza pan, place triangles overlapping with long pointed ends outward. There should be about a 6" circle left in the middle of the pan.
- Spread apples over the lapped dough area.
- Drizzle caramel sauce over apples.
- Spread dollops of cream cheese mixture over the apple filling.
- Fold pointed ends of crescents over the filling and pinch into lapped dough to seal.
- Bake for 18-20 minutes or until golden brown.
- Mix powdered sugar and milk until smooth glaze forms.
- Drizzle glaze over ring.

*Recipe By: [cincyshopper.com](http://cincyshopper.com)*