



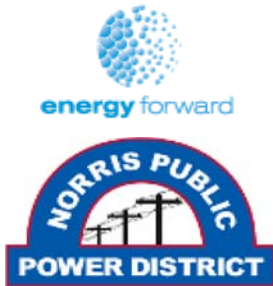
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Great Things About Being a Dad ...



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Some people call me
LINEMAN
 The most important
 call me **DAD!**

Dan, Karen, Lukas, Gavin,
 Karsten and Trayton Kroll

*"Is the action packed times
 we spend together!"*

*Dan
 Area 1—Hebron Lineman*



DAD
*A daughter's first love
 A son's first hero*

*"Is coming home from
 work and the kids having
 huge smiles on their faces,
 telling me that I am
 FINALLY home!"*

Brock
*Technical Services
 Maintenance Technician*

Piper, Rory and Brock McDougall



Grow smart, grow safe

Norris Public Power District would like you to have a safe irrigation season.

Keep all irrigation equipment and water jet streams away from overhead power lines. Metal and water jet streams can become energized if they come in contact with overhead power lines.



Along with building new services and service upgrades, Norris Public Power District crews are currently rebuilding four miles of three phase distribution line along Road M in Saline County, Nebraska. Numerous construction projects are underway and can be expected throughout the summer.

If you are traveling and see one of Norris' crews on the side of the road, Norris kindly asks that you move over if possible and give them a little extra space to work. Norris deeply cares about the safety of all, and this extra precaution ensures just that.

To help prevent fatalities and injuries, Norris recommends the following guidelines while driving:

- Keep a safe distance between your vehicle and traffic barriers, trucks, construction equipment and workers.
- Be patient. Traffic delays are sometimes unavoidable, so try to allow time for unexpected occurrences in your schedule.
- Obey all signs and road crew flag instructions.
- Merge early and be courteous to other drivers.
- Use your headlights at dusk and during inclement weather.
- Minimize distractions. Avoid activities such as operating a radio, talking on the phone or eating while driving.

Be aware of the legislation in your area. Many states have hefty fines or even jail time for violating traffic laws in work zones.

Narrow roadways often require crews to place their equipment in traffic lanes. Their work activities are often taken for granted but benefit us all and, like everyone, they deserve a safe workplace. Be alert to Norris' crews and other construction workers, for their safety, as well as yours.

Please Drive Safely . . .
“The Life You Save May Be Your Own”

Parmesan Roasted Asparagus



Serves: 2 – 4
Prep Time: 5 Minutes
Total Time: 20 – 25 Minutes

Ingredients:

1 ½ pounds asparagus, trimmed to 4 – 5 inches
2 Tablespoons olive oil
4 cloves garlic, minced
½ teaspoon salt
¼ teaspoon black pepper
¼ cup grated Parmesan cheese
¼ cup panko breadcrumbs

Directions:

1. Preheat oven to 400 degrees Fahrenheit. Line a sheet pan with parchment paper.
2. Place the trimmed asparagus in a gallon-sized resealable plastic bag. Add the remaining ingredients, seal the bag and gently massage the ingredients evenly onto the asparagus.
3. Empty the bag onto the prepared sheet pan and evenly space the asparagus on the pan so that the spears aren't touching one another. Bake for about 15 minutes, or until the asparagus is tender and the panko has browned. Broil for the last few minutes of cooking until the asparagus has reached the desired crispness and the breadcrumbs have browned.
4. Serve hot with mayonnaise, aioli or your favorite dipping sauce.

Recipe By: www.tiphero.com