



Norris Public Power District

IN THIS ISSUE

Winter Rates

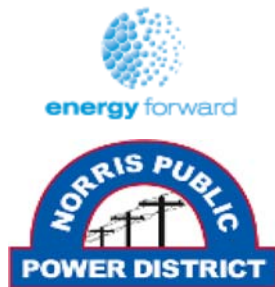
[back to top >>](#)

Winter Rates

EnergywiseSM Tip

#3 Nationally

Taco Soup Recipe

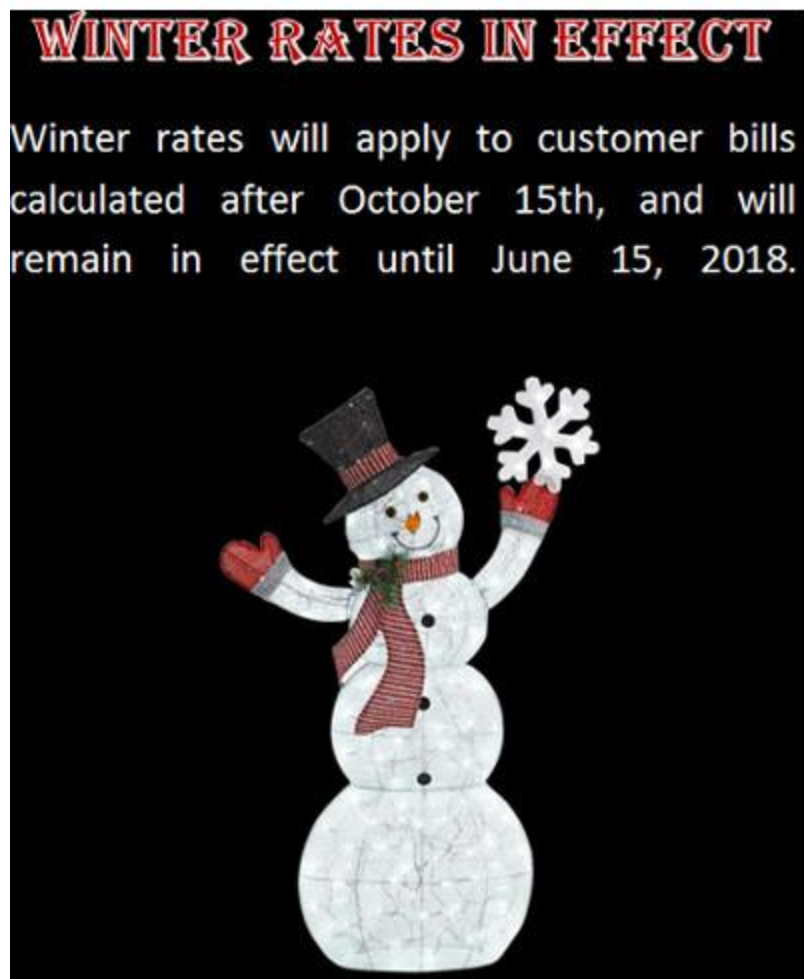


Norris Public Power
606 Irving Street
Beatrice, NE 68310
402-223-4038
www.norrisppd.com

Follow us on:



[Forward Email](#)



EnergyWiseSM Tip: Laundry

[back to top >>](#)

Since doing laundry is not at the top of the list of things to do for most people, how about a few fun statistics to at least make it a little more interesting?

* **13,500 gallons:** The amount of water the average U.S. household uses to complete almost 400 loads of laundry each year, according to energystar.gov.

* **7,000 gallons:** The amount of water that can be saved each year by an energy-efficient front-loading washing machine when compared to the average top-loading washing machine.

* **49 percent:** The percentage of laundry loads in the U.S. that run with warm water. By comparison, 37 percent run with cold water and 14 percent with hot.

* **89 percent:** How much more energy is used to "do a load" of laundry on a hot water setting in a top-loading washer as compared to a load in a front-loading machine on a cold-water setting.

* **88 percent:** The average increase in energy efficiency for washing machines manufactured between 1981 and 2003.

When it comes to the amount of energy consumed through use of standard plug-in appliances, your washer takes second place only to your home's refrigerator. If you have a standard, top-loading washing machine, it probably uses twice as much water per load than newer, front-loading units bearing the ENERGYSTAR logo. Washing machines earning this distinction use between 18 and 25 gallons per load, compared to 40 gallons for older machines.

Buying a new washing machine is not something in everyone's household budget. No worries, there are many low and no-cost things you can do to make the most of your clothes-cleaning energy without a huge investment.

1. Use cold water. While you may have been taught that certain stains and soils require hot water, about 90 percent of energy needed for that cycle setting is consumed in heating the water. Some new detergents are made to tackle those same stains using warm or cold water. Not only will this save energy, but cold-water washing will also keep colors bright, reduce wrinkling and won't set stains.

2. Run a full load. Your washer will use about the same amount of mechanical energy, regardless of how full it is. Set the water level for the amount of laundry you are running to keep from using more water than necessary.

3. Consider cycle times and any other setting options. Some lightly-soiled loads only need 10 minutes of washing. To compensate, adjust to a "delicates" setting or advance the cycle half-way through to reduce wash time. If you have a "high spin" option, use it to cut down on drying time.

4. Get smart about drying. According to ENERGYSTAR®, the average U.S. home spends about \$100 a year in electricity using their clothes dryer. Drying is all about moving air through your fabrics to take moisture away. So, before you start every load, clean lint out of the filter to ensure air can circulate more freely.

5. Dry loads of similar fabrics together. Start with a load of fast-drying fabrics. If your dryer has a moisture sensor, use it. This will automatically reduce the amount of drying time and shut off the machine when it senses clothes are dry. This also reduces wear and tear on your clothes in addition to saving lots of energy.

Norris Public Power District wants to help you make the most of the energy it takes to do laundry. For more ideas on how you can make your home or business EnergyWiseSM, as well as for financial incentives to help with the cost of your energy-saving upgrades, visit www.norrisppd.com.

Nebraska ranks **#3 NATIONALLY** for the shortest outage duration.

Source: U.S. Energy Information Administration, 2015 Reliability Data.

#PublicPower

Public Power
POWERING
THE GOOD LIFE

Crock Pot Low-Carb Taco Soup

[back to top >>](#)

Ingredients:

- 2 lbs. ground pork, beef or sausage
- 2, 8-ounce packages of cream cheese
- 2, 10-ounce cans of Rotel
- 2 tablespoons of taco seasoning
- 4 cups of chicken broth
- 1 – 2 tablespoons of Cilantro – fresh or dried (optional)
- ½ cup shredded cheese for garnish (optional)



Instructions:

1. Brown ground meat until fully cooked.
2. While meat is browning, place cream cheese, Rotel and taco seasoning into crock pot.
3. Drain grease off of meat and put meat in the crock pot. Stir to combine with cheese and Rotel.
4. Pour chicken broth over meat and cheese.
5. Cook on low for 4 hours or high for 2 hours.
6. Before serving stir in cilantro.
7. Garnish with shredded cheese.

Recipe by: Beyer Beware

This is an ongoing communication. If you wish to unsubscribe from these emails, please [unsubscribe here](#)